VT Office of Economic Opportunity  
3rd Annual Poverty and Opportunity Forum:  
Ideas, Innovation, and Inspiration in Our Communities  
Thursday, April 14, 2016  
Lake Morey Inn, Fairlee, VT

Instructions: OEO community grant partners can early register for the forum and workshops here: https://2016poverty-opportunity-training.eventbrite.com Please select three workshops (one morning session and two afternoon sessions). Check with your organization to coordinate registration as space is limited. Public registration will open on April 2, 2016.

Thursday, April 14, 2016

Morning Session: 10:30 – 11:45 am: Please pick one.

1. Introduction to Behavioral Economics: Designing to Interrupt Poverty  
Matthew Darling, Vice President, ideas42

Matthew Darling, the keynote, Using a Greater Understanding of Scarcity to Combat Poverty, will lead this workshop on the Poverty Interrupted project and design ideas from the white paper.

2. Beyond Mindfulness-Based Stress Reduction  
Anthony R. Quintiliani, Ph.D., LADC

This workshop will present a selection of mindfulness-based stress reduction skills and practices for personal stress management. It will be experiential - the practice of skills with strong research support for reducing stress reactivity. It will include gratitude and self-care practices. Participants will learn and practice effective stress reduction skills in this workshop.

3. Understanding Brain Injury  
Barb Winters, BA, OTA, CBIST

The goal of this session is to give a basic grounding in brain injury: how it happens, what are the consequences and potential compensatory strategies. The resources available for individuals with brain injury and their caregivers will be discussed.
4. Creating Trauma Informed Communities
Joelle van Lent, PsyD

This workshop will offer an overview of the impact of early neglect and trauma on a child’s development, including the child’s ability to form healthy relationships, respond to context, learn, and develop a positive self-concept. This training will incorporate information from attachment theory, family systems approaches, clinical practice, and research on the resilience of children facing chronic adversity. Dr. van Lent will identify the key elements involved in creating environments in which children can thrive despite adversity.

5. Mandated Reporting of Abuse, Neglect and Exploitation for Children and Vulnerable Adults
Priscilla White, Child Victim Treatment Director and Co-Director, Vermont Center for Prevention and Treatment of Sexual Abuse, Department for Children and Families and Clayton Clark, Director of Licensing and Protection, Department of Disabilities, Aging, and Independent Living

Reporting abuse, neglect and exploitation is an essential step in keeping children and vulnerable adults safe. Participants in this workshop will review who mandatory reporters are in Vermont, the reporting requirements and state definitions of abuse, neglect and exploitation. Changes from Act 60 to child abuse and neglect reporting will be discussed.

6. Tools for Improving Clients’ Financial Well-Being
Kori Hattemer, Associate Director, Savings & Financial Capability, CFED

A person’s financial well-being affects every other aspect of their life. Recognizing this, organizations around the country have begun integrating financial capability services into other critical programs (job training, housing, education, etc.) and seen improved financial and programmatic outcomes. In this session, we will share tools you can use to gain a deeper understanding of your clients’ financial lives, select and tailor services that will help clients build financial capability, identify touchpoints in existing programs into which financial capability services can be seamlessly integrated, establish and strengthen partnerships and referrals with local organizations, and make the case for this work to internal and external stakeholders. The session will include lessons and examples from innovative organizations around the country that have integrated financial capability services into their existing programs effectively.

Gillian Franks and Heather Davis, Champlain Valley Office of Economic Opportunity (CVOEO)

Are you a service provider who does not regularly work with program participants around financial issues, but understands that people need financial skills and understanding to create more stability in their lives? Are you interested in becoming more comfortable and adept at integrating financial discussions into your social services role? Drawing on the excellent and accessible tools in the Federal Consumer Financial Protection Bureau’s Your Money, Your Goals, as well as on years of experience as financial teachers and coaches at CVOEO, this workshop gives you what you need to get comfortable and started.
8. **Dealing with Difficult Conversations**  
   Kerry Seacrest, Watershed Coaching

   Conflict is a part of everyday life, and yet it can be a source of significant stress for many people. This workshop is designed to transform how one handles conflict situations as they arise, for better outcomes both at work and at home.

9. **Working with New Americans**  
   Pablo Bose, Ph.D., University of Vermont

   This workshop will focus on some of the newest immigrant populations in Vermont, officially resettled refugees. We will discuss who is coming and why, challenges and opportunities in working with diverse refugee groups, and look at how to prepare for future groups who may arrive on our doorsteps in the years to come.

10. **Team Building: Boost Your Team’s Morale!**  
    Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)

    Every day we find ourselves working with other people. Our jobs often rely on a team to get tasks done. All teams can struggle to work together in a productive way, and this training can help change that. In this training, we will focus on how to boost team moral, and the gaps that can form between team members.

   **Afternoon Session: 1:10 – 2:10 pm: Please pick one.**

11. **Introduction to Behavioral Economics: Effective Communication Tools**  
    Matthew Darling, Vice President, ideas42

    This workshop will look at work ideas42 is doing to improve the efficiency of government programs, focusing on how we have designed effective communications tools. Participants will discuss how to improve communications.

12. **Beyond Mindfulness-Based Stress Reduction**  
    Anthony R. Quintiliani, Ph.D., LADC

    Please see workshop description # 2.

13. **What is Motivational Interviewing?**  
    Artie Seelig, SBIRT VT (Screening Brief Intervention, Referral and Treatment), Vermont Department of Health

    This is an overview that will define MI (Motivational Interviewing) and its uses. Learn about the tasks of MI and demonstrate the spirit of MI. Motivational Interviewing principles and some techniques to help with change will be part of the workshop.
14. Creating Trauma Informed Communities
   Joelle van Lent, PsyD

   Please see workshop description # 4.

15. Boundaries: Creating Healthy and Clear Lines in the Sand
   Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)

   Learn about personal and professional boundaries and how important they are for less conflict and more freedom in life!

16. Tools for Improving Clients’ Financial Well-Being
   Kori Hattemer, Associate Director, Savings & Financial Capability, CFED

   Please see workshop description # 6.

17. Triple Threat: Poverty, Homelessness and Domestic Violence
   Jane Ralph, Executive Director, Clarina Howard Nichols Center and Justina Domestic Violence Survivor Empowerment Coordinator, Safeline, Inc.

   This workshop will address the correlation between domestic violence, poverty and homelessness. We will look at domestic and sexual violence from the eyes of the victims. We will highlight some of the barriers and different ways of overcoming them through the services provided to survivors in Vermont. This workshop will give participants a deeper understanding of domestic and sexual violence and shall provide a framework to address the needs of survivors in their journey towards safety and solace.

18. Time Trap: Overcoming the Myth that It Can All Be Done
   Kerry Seacrest, Watershed Coaching

   Too busy? Exhausted? A "To Do" List that gets longer by the day? This interactive session looks at common myths to time management, ways to work with time, and exercises to identify one’s priorities. Participants will leave with a concrete goal on how to claim some time back for what's important.

19. New Americans and Their Role Working in Human Services
   Sandrine Kibuey, Champlain Valley Office Economic Opportunity

   In this panel workshop, you will learn about the personal struggles, challenges and successes of New Americans in Vermont. This workshop will give you a perspective on the journey of New Americans into professional human services roles and their contribution to the effectiveness of programs and services provided to the community.
20. **Introduction to the Americans with Disabilities Act (ADA)**  
Barbara Prine, Vermont Legal Aid and Nancy Breiden, Director of the Disability Law Project

Understand your organization’s role to ensure that clients with a disability are able to access services. What does “reasonable accommodation” mean? Who needs a reasonable accommodation and how will you know? Find out in this workshop.

21. **Progressive Employment for People Facing Employment Barriers**  
Hugh Bradshaw, Employment Services Manager, VocRehab Vermont

The business community can be wary of considering candidates who face barriers to employment like:
- Poor or spotty work history
- “Job Jumpers” who don’t sustain employment
- Individuals with criminal histories
- People coming from generational poverty
- Individuals with disabilities

Creative Workforce Solutions, an initiative of the Agency of Human Services, has used a model called “Progressive Employment” to introduce candidates to employers through no risk/low risk options including company tours, job shadows, short-term work experiences, On-the-Job Training agreements and other flexible approaches.

*Afternoon Session 2:20 – 3:20 pm: Please pick one.*

22. **Beyond Mindfulness-Based Stress Reduction**  
Anthony R. Quintiliani, Ph.D., LADC

Please see workshop description # 2.

23. **What is Motivation Interviewing?**  
Artie Seelig, SBIRT VT (Screening Brief Intervention, Referral and Treatment), Vermont Department of Health

Please see workshop description #13.

24. **Creating Trauma Informed Communities**  
Joelle van Lent, PsyD

Please see workshop description #14.

25. **Boundaries: Creating Healthy and Clear Lines in the Sand**  
Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)

Please see workshop description #15.
26. Mandated Reporting of Abuse, Neglect and Exploitation for Children and Vulnerable Adults
Priscilla White, Child Victim Treatment Director and Co-Director, Vermont Center for
Prevention and Treatment of Sexual Abuse, Department for Children and Families and Clayton
Clark, Director of Licensing and Protection, Department of Disabilities, Aging, and Independent
Living

Please see workshop description # 5.

27. Triple Threat: Poverty, Homelessness and Domestic Violence
Jane Ralph, Executive Director, Clarina Howard Nichols Center and Justina, Domestic Violence
Survivor Empowerment Coordinator, Safeline, Inc.

Please see workshop description # 17.

28. Time Trap: Overcoming the Myth that It Can All Be Done
Kerry Seacrest, Watershed Coaching

Please see workshop description # 18

29. Working with New Americans
Pablo Bose, Ph.D., University of Vermont

Please see workshop description #9

30. Introduction to the Americans with Disabilities Act
Barbara Prine, Vermont Legal Aid and Nancy Breiden, Director of the Disability Law Project

Please see workshop description # 20.

31. Understanding Brain Injury
Barb Winters, BA, OTA, CBIST

Please see workshop description # 3.
<table>
<thead>
<tr>
<th>Morning Session: 10:30 – 11:45 am</th>
<th>Afternoon Session: 1:10 – 2:10 pm</th>
<th>Afternoon Session 2:20 – 3:20 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Introduction to Behavioral Economics:</strong> Designing to Interrupt Poverty</td>
<td><strong>11. Introduction to Behavioral Economics:</strong> Effective Communication Tools</td>
<td><strong>31. Understanding Brain Injury</strong></td>
</tr>
<tr>
<td>Matthew Darling, Vice President, ideas42</td>
<td>Matthew Darling, Vice President ideas42</td>
<td>Barb Winters, BA, OTA, CBIST</td>
</tr>
<tr>
<td><strong>2. Beyond Mindfulness-Based Stress Reduction</strong></td>
<td><strong>12. Beyond Mindfulness-Based Stress Reduction (repeat)</strong></td>
<td><strong>22. Beyond Mindfulness-Based Stress Reduction (repeat)</strong></td>
</tr>
<tr>
<td>Anthony R. Quintiliani, Ph.D., LADC</td>
<td>Anthony R. Quintiliani, Ph.D., LADC</td>
<td>Anthony R. Quintiliani, Ph.D., LADC</td>
</tr>
<tr>
<td><strong>3. Understanding Brain Injury</strong></td>
<td><strong>13. What is Motivational Interviewing?</strong></td>
<td><strong>23. What is Motivational Interviewing? (repeat)</strong></td>
</tr>
<tr>
<td>Barb Winters, BA, OTA, CBIST</td>
<td>Artie Seelig, SBIRT VT (VT Screening Brief Intervention, Referral and Treatment), Department of Health</td>
<td>Artie Seelig, SBIRT VT (VT Screening Brief Intervention, Referral and Treatment), Department of Health</td>
</tr>
<tr>
<td><strong>4. Creating Trauma Informed Communities</strong></td>
<td><strong>14. Creating Trauma Informed Communities (repeat)</strong></td>
<td><strong>24. Creating Trauma Informed Communities (repeat)</strong></td>
</tr>
<tr>
<td>Joelle van Lent, PsyD</td>
<td>Joelle van Lent, PsyD</td>
<td>Joelle van Lent, PsyD</td>
</tr>
<tr>
<td>Priscilla White, Child Victim Treatment Director, Department for Children and Families and Clayton Clark, Director of Licensing and Protection, Department of Disabilities, Aging, and Independent Living</td>
<td>Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)</td>
<td>Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)</td>
</tr>
<tr>
<td>Kori Hattemer, Associate Director, Savings &amp; Financial Capability, CFED</td>
<td>Kori Hattemer, Associate Director, Savings &amp; Financial Capability, CFED</td>
<td>Priscilla White, Child Victim Treatment Director, Department for Children and Families and Clayton Clark, Director of Licensing and Protection, Department of Disabilities, Aging, and Independent Living</td>
</tr>
<tr>
<td>Gillian Franks and Heather Davis, Champlain Valley Office of Economic Opportunity (CVOEO)</td>
<td>Jane Ralph, Executive Director, Clarina Howard Nichols Center and Justina, DV Survivor Empowerment Coordinator, Safeline, Inc.</td>
<td>Jane Ralph, Executive Director, Clarina Howard Nichols Center and Justina, DV Survivor Empowerment Coordinator, Safeline, Inc.</td>
</tr>
<tr>
<td><strong>8. Dealing with Difficult Conversations</strong></td>
<td><strong>18. Time Trap: Overcoming the Myth that It Can All Be Done</strong></td>
<td><strong>28. Time Trap: Overcoming the Myth that It Can All Be Done (repeat)</strong></td>
</tr>
<tr>
<td>Kerry Seacrest, Watershed Coaching</td>
<td>Kerry Seacrest, Watershed Coaching</td>
<td>Kerry Seacrest, Watershed Coaching</td>
</tr>
<tr>
<td>Pablo Bose, Ph.D., University of Vermont</td>
<td>Sandrine Kibuey, Champlain Valley Office Economic Opportunity</td>
<td>Pablo Bose, Ph.D., University of Vermont</td>
</tr>
<tr>
<td><strong>10. Team Building: Boost Your Team’s Morale!</strong></td>
<td><strong>20. Introduction to the Americans with Disabilities Act (ADA)</strong></td>
<td><strong>30. Introduction to the Americans with Disabilities Act (ADA) (repeat)</strong></td>
</tr>
<tr>
<td>Hannah Rose, Vermont Association for Mental Health and Addiction Recovery, PEAR (People, Education, Action and Recovery)</td>
<td>Barbara Prine and Nancy Breiden, Disability Law Project, Vermont Legal Aid</td>
<td>Barbara Prine and Nancy Breiden, Disability Law Project, Vermont Legal Aid</td>
</tr>
<tr>
<td><strong>21. Progressive Employment for People Facing Employment Barriers</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hugh Bradshaw, Employment Services Manager, VocRehab Vermont</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>